

Colchester School District 2023 Health Services Report



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Types of Care



COLCHESTER
SCHOOL DISTRICT

Health Care Plans

Classroom Health
Education Resource

**Medication
Administration**

Educational
Support
Team

Office Visits

MENTAL HEALTH
SERVICES

Train Staff

504 Case
Management

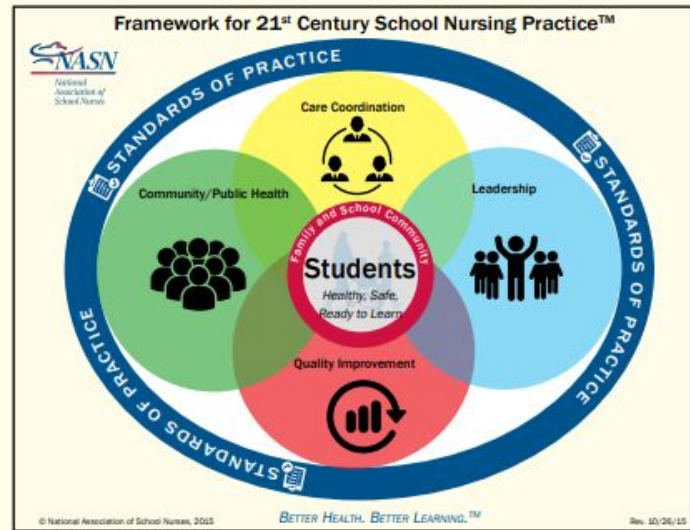
Crisis Management

Screenings

**INFECTIOUS DISEASE
SURVEILLANCE**

**CPR and
First Aid**

Framework for 21st Century School Nurse Practice



 Standards of Practice	 Care Coordination	 Leadership	 Quality Improvement	 Community/Public Health
<ul style="list-style-type: none"> • Clinical Competence • Clinical Guidelines • Code of Ethics • Critical Thinking • Evidence-based Practice • NASN Position Statements • Nurse Practice Acts • Scope and Standards of Practice 	<ul style="list-style-type: none"> • Case Management • Chronic Disease Management • Collaborative Communication • Direct Care • Education • Interdisciplinary Teams • Motivational Interviewing/Counseling • Nursing Delegation • Student Care Plans • Student-centered Care • Student Self-empowerment • Transition Planning 	<ul style="list-style-type: none"> • Advocacy • Change Agents • Education Reform • Funding and Reimbursement • Healthcare Reform • Lifelong Learner • Models of Practice • Technology • Policy Development and Implementation • Professionalism • Systems-level Leadership 	<ul style="list-style-type: none"> • Continuous Quality Improvement • Documentation/Data Collection • Evaluation • Meaningful Health/Academic Outcomes • Performance Appraisal • Research • Uniform Data Set 	<ul style="list-style-type: none"> • Access to Care • Cultural Competency • Disease Prevention • Environmental Health • Health Education • Health Equity • Healthy People 2020 • Health Promotion • Outreach • Population-based Care • Risk Reduction • Screenings/Referral/Follow-up • Social Determinants of Health • Surveillance

National Association of School Nurses [NASN]. (2016). Framework for 21st century school nursing practice: National Association of School Nurses. *NASN School Nurse*, 31(1), 45-53. doi: 10.1177/1942602X15618644

Screenings



Hearing and Vision

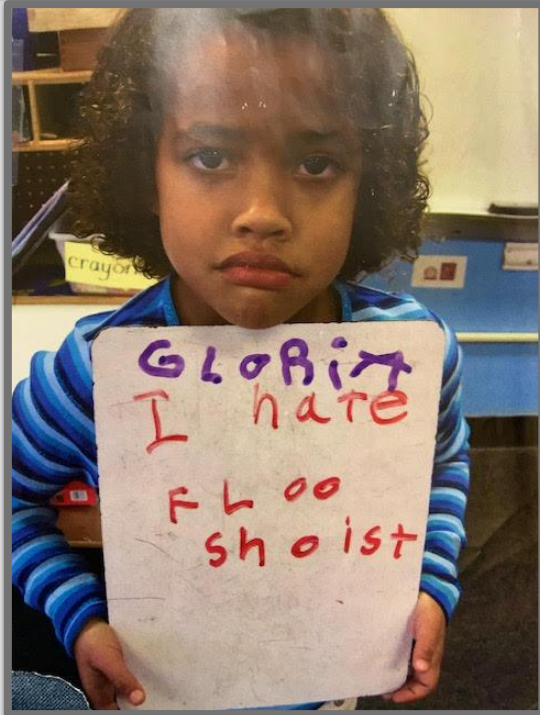
screenings are required in Vermont at grade levels Pre-K, Kinder, 1, 3, 5, 7, 9, and 12

Total Students Screened: 1,166

Resulted in: 116 Referrals



Immunization Tracking



Percentage of
CSD Students
Fully Immunized:

97%

Vermont Average:

94%

National Average:

93%

Covid-19



School Year	Total Cases	In-School Testing
2020-21	73	n/a
2021-22	735	8926
2022-23	490	404

- Remains a Reportable Disease to the Vermont Department of Health
- Continue weekly meetings with the VDH
- Coordinate distribution of free antigen tests in all buildings

504 Case Management



504 Plans protect the rights of persons with disabilities

School Year	CMS	CHS
2022-23	1	11

- Students with a physical disability which limits one or more major life activity are eligible for consideration.
- School nurses case manage students by meeting with the student, parents, physician, and teachers to develop reasonable physical and/or instructional accommodations to ensure equal access to their education.

Porters Point School

Suzanne Abbott, BSN RN



	2018-19	2022-23
Office Visits	3,856	3,186
Individual Health Plans	5	18
Medication and Treatments	576	1,876

97% of PPS students had Individual contact with the RN

Interdisciplinary Teams

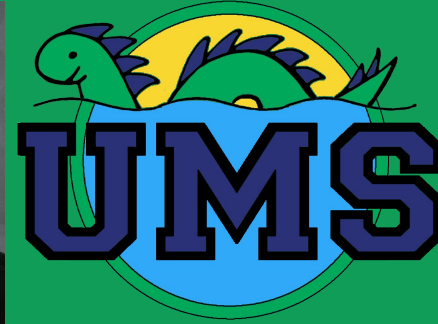
- Worked with the Vermont Department of Health and the Agency of Education to coordinate a Dental Health Survey which helped identify students who needed dental exams and/or treatment

Immunizations/Disease Prevention

- Worked with several families to achieve compliance with the VT Immunization Rule
- Setting up a process to improve immunization compliance requirements

Union Memorial School

Lindsey Campion, MEd. RN NCSN



	2018-19	2022-23
Office Visits	3,495	4,699
Individual Health Plans	7	15
Medication and Treatment	928	1,869

100% of UMS students are compliant with the VT Immunization Rule

Health Education

- UMS Health Office Blog focuses on informing parents of timely health and wellness needs of school aged children.
- Classroom education addressing specific health concerns of students with medical conditions and general illness prevention lessons.

Standards of Practice

- Updated allergy information letters
- Created field trip delegation forms
- Updated SNAP templates
- Created IHP and EAP templates

Malletts Bay School

Emily Dousevicz, BSN RN



	2018-19	2022-23
Office Visits	5,345	6,573
Individual Health Plans	27	31
Medication and Treatments	3,430	3,698

*The MBS health office averages
53 student visits per day*

Professional Development

- Completed Nurse Leadership Modules, Academy, and Professional Learning Collaborative through Northeastern University
- Completing BSN degree program

Evidenced Based Practice

- Became Stop the Bleed Instructor and CPR Instructor through the American Heart Association

Colchester Middle School

Melissa Goldberg, MS RN NCSN



	2018-19	2022-23
Office Visits	3,697	3,610
Individual Health Plans	23	30
Medication and Treatments	2,933	3,513

Clinical Competence

- Melissa became a nationally certified school nurse

Professionalism

- Melissa mentored two nursing students from the University of Vermont School of Nursing who were completing their pediatric community care clinical experience.

Colchester High School

Josie Lang, MEd. RN NCSN

Moriah McCullagh, MSN RN CEN CPEN SANE-A NCSN



	2018-19	2022-23
Office Visits	5,322	7,433
Individual Health Plans	25	54
Medication Administered	4,162	3,961

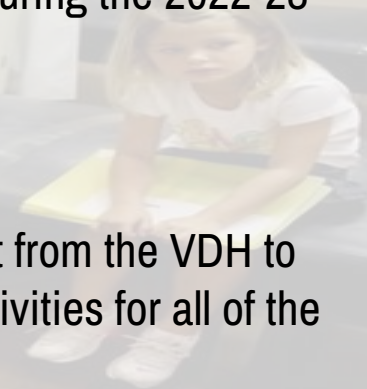
48% of CHS students have a chronic condition reported by family

Collaborative Communication

- RNs are a member of CHS's Child Protection Team. 193 CPTs were held during the 2022-23 school year.

Grant Funding

- CSD secured a \$79,000 grant from the VDH to focus on nurse leadership activities for all of the nurses.



Vermont Nurse Leadership Grant



Highlights:

- Professional Development
- Staffing Support
- Nurse Leadership Courses, Modules, and Professional Learning Collaboratives through Northeastern University
- State, New England, and National Conference Attendance
- Health Office Manual
- Charting Templates
- Equipment Purchases



Vermont Nurse Leadership Grant



National Certification in School Nursing:

Year long preparation including study books, online review courses, group study questions, independent study.

FOUR CSD nurses sat for the exam. All FOUR passed and are now nationally certified!



Future Goals

- Standardize Procedures and Paperwork throughout the district health offices
- Quality Improvement Project to improve follow up from screening referrals
- State level professional organization participation
- Offer CPR, First Aid, and Stop the Bleed courses to students, staff, and community members
- Uniform Data Collection

