

HEALTHY DOLLARS

Colchester School District

Plan Year: 1/1/22 - 12/31/22

Welcome to your Healthy Dollars Benefit Account. This letter includes your funding amounts, eligible expenses, tips on accessing your funds and instructions on accessing your account online. If you have any questions about the benefits or the card please feel free to contact us at service@healthydollarsinc.com or 877-900-MYRX (6979)

Please read carefully. There has been NO CHANGE in how your plan is administered for the 2022 year. As with 2021, you now have the option of an HSA if you choose the Silver CDHP plan. If you have any questions, please feel free to contact us for assistance.

Contents

Health Reimbursement Arrangement (HRA)	Page 2
2022 HRA and Out of pocket amounts	
Eligible HRA Expenses	
Accessing your HRA	
Important Plan Notes	
Health Savings Account (HSA)	Page 3
HSA district contributions & IRS maximums	
Eligible HSA Expenses	
Accessing your HSA	
Important Plan Notes	
Flexible Spending Account (FSA)	Page 4
FSA contribution limits	
FSA Eligible Expense link	
Dependent Care Account (DCA)	Page 4
DCA Contribution Limits	
DCA Eligible Expenses	
Important Plan Notes (FSA & DCA)	Page 4
Online Account Instructions.....	Page 4-5

HEALTHY DOLLARS

Health Reimbursement Account (HRA)

Licensed Employees	Single	Single out of pocket *	Family	Family out of pocket *
Platinum	\$2,100	\$700	\$4,200	\$1,400
Gold	\$2,100	\$1,000	\$4,200	\$2,000
Gold CDHP	\$2,100	\$400	\$4,200	\$800
Silver CDHP**	\$2,100	\$1,900	\$4,200	\$3,800

Non- Licensed Employees	Single	Single out of pocket *	Family	Family out of pocket *
Platinum	\$2,200	\$600	\$4,400	\$1,200
Gold	\$2,200	\$900	\$4,400	\$1,800
Gold CDHP	\$2,200	\$300	\$4,400	\$600
Silver CDHP**	\$2,200	\$1,800	\$4,400	\$3,600

*The out of pocket amount is based upon the total out of pocket limit for that plan. Please refer to the SBC (Summary of Benefit Coverage) for each plan design to determine how the out of pocket is determined.

**Silver CDHP funds can be allocated to an HSA. Please see the HSA employee plan details for more information.

- **HRA Eligible Expenses:** Medical and Prescription Deductible, Co-Insurance & Co-pays associated with the BCBS plans
- **Accessing HRA funds**
 - Funds will be available on January 1st.
 - Healthy Dollars will send checks to your providers automatically
 - Your Health Dollars card will be used to pay for prescription deductible charges.
- **Eligibility:** Please refer to your employment contract for eligibility into the plan.
- **Plan Termination:** Employees have 3 months from their date of termination to submit claims for payment or reimbursement.

Important Plan Notes

- When using your Healthy Dollars card, make sure that all prescription services are submitted through BCBS and processed before you make a payment with your card.
- Healthy Dollars will issue a card for each employee and their spouse. If you need an additional card for an adult child, please email service@healthydollarsinc.com to request one.
- Cards will be mailed to your home address in separate, non-descript envelopes.
- You do not need a PIN to use your HD card.
- Set up an account online or through the mobile app to check balances and view transactions.

HEALTHY DOLLARS

Health Savings Account (HSA)

Licensed Employees	Single Plan	Single out of pocket*	Family	Family out of pocket *
Silver CDHP	\$2,100	\$1,900	\$4,200	\$3,800
Non- Licensed Employees				
Silver CDHP*	\$2,200	\$1,800	\$4,400	\$3,600

HSA Contribution Limit	Single Plan	2-Person Plan	Family Plan
Contribution Limit (District & Employee)	\$3,600	\$7,200	\$7,200
HSA Catch-Up Contribution (age 55+)	\$1,000	\$1,000	\$1,000

- **HSA Eligible Expenses:** Medical, Prescription, OTC, Dental and Vision expenses. Please visit <http://healthydollarsinc.com/fsa-extras/> a full list of eligible expenses.
- **Please Note:** Only your Medical and Prescription deductible and co-insurance amounts go towards your BCBS out of pocket. Therefore, if you spend your HSA funds on other expenses, you may have out of pocket responsibilities.
- **Accessing HSA funds**
 - You will use your **Healthy Dollars card to pay for medical services AFTER they have been processed with BCBS.**
 - Your **Health Dollars card will be used to pay for prescription deductible charges.**
- **Eligibility:** Please refer to your employment contract for eligibility into the plan.
- **Plan Termination:** The HSA is portable and will go with you upon plan termination.

Important HSA Plan Notes

- Healthy Dollars will set up a bank account for you with Avidia Bank. Please keep an eye out for any communication from them as well.
- Funds for the HSA are provided to you on January 1st. Any additional payroll contributions will accumulate in your account throughout the year.
- HSA contributions, disbursement and investments are all tax-free.
- You are responsible for the proper usage of your funds. Please hold on to all detailed receipts for your HSA expenses.
- When using your Healthy Dollars card, make sure that all medical and prescription services are submitted through BCBS and processed before you make a payment with your card.
- Healthy Dollars will issue a card for each employee and their spouse. If you need an additional card for an adult child, please email service@healthydollarsinc.com to request one.
- Cards will be mailed to your home address in separate, non-descript envelopes.
- You do not need a PIN to use your HD card.
- Set up an account online or through the mobile app to check balances, view transactions and set up bill pay.

HEALTHY DOLLARS

Flexible Spending Account (FSA)

- Contribution limit \$2,750 or the IRS Maximum (per employee)
- \$550 of unused funds will roll into your next plan year's account
- Go to <http://healthydollarsinc.com/fsa-extras/> a full list of eligible expenses.
- **Eligibility:** Please refer to your employment contract for eligibility into the plan.
- **Plan Termination:** End of Month - Employees have 3 months from the last day of the month of insurance eligibility to submit claims for payment or reimbursement.

Dependent Care Account (DCA)

- Contribution limit \$5,000 (per family).
- Funds are available as they are withdrawn from your paycheck and expenses incurred.
- Daycare, after-school care, summer camps, adult daycare.
- Continual reimbursement 2 business days after payroll available if you are using a consistent provider, such as a daycare or preschool. Please note, summer & vacation camps may not be reimbursed until the camp dates have happened.
- **Eligibility:** Please refer to your employment contract for eligibility into the plan.
- **Plan Termination:** End of Month - Employees have 3 months from the last day of the month of insurance eligibility to submit claims for payment or reimbursement.

Important Plan Notes

- When using your Healthy Dollars card, make sure that all medical and prescription services are submitted through BCBS and processed before you make a payment with your card.
- Healthy Dollars will issue a card for each employee and their spouse. If you need an additional card for an adult child, please email service@healthydollarsinc.com to request one.
- Cards will be mailed to your home address in separate, non-descript envelopes.
- You do not need a PIN to use your HD card.
- Set up an account online or through the mobile app to check balances and view transactions.

Online Account Instructions

1. To set up your account online go to www.healthydollarsinc.com or download our app which is available on the Apple App Store and the Android Market!
2. Click on "Employee Login".
3. Click on "Register".
4. Select a Username- Usernames must be between 8-12 characters.

HEALTHY DOLLARS

5. Choose a password. Passwords must be 8-16 characters and contain 3 of the 4 following types of characters: an upper case letter, a lower case letter, a special character (!,@,#,\$, etc) or a number.
6. Enter your first and last name.
7. Enter your email address.
8. Registration ID: Use the drop- down menu to select Card Number and enter your 16-digit number Healthy Dollars card number into the space provided.
9. Enter your Employee ID: This is your social security number without dashes.

Once logged in, please check your demographic information, and enter your direct deposit information.

If you have any trouble creating an account or questions, please call us at 877-900-6979 or email us at service@healthydollarsinc.com.